

## Quality Awards and Accreditations

Englewood Hospital and Medical Center is one of the nation's leading providers of comprehensive, high-quality, humanistic care. The medical center has earned The Joint Commission's Gold Seal of Approval® for Joint Replacement – Hip, as well as Joint Replacement – Knee, in recognition of its commitment to providing safe



and effective patient care since 2008. In addition, our orthopedic surgery program is the recipient of numerous quality and patient safety awards from national health ratings organizations.



Adding to the excellent patient experience, most joint replacement patients stay in our private, large, and comfortable rooms in the Kaplen Pavilion. This state-of-the-art facility is outfitted with furniture and equipment made especially for joint replacement patients, such as higher-rise chairs and devices to ensure safe and comfortable patient lifting and movement.



## Joint University Seminar

We are committed to having our patients be active, informed partners in their care. Our Joint University is an educational seminar for patients planning to undergo joint replacement surgery. At the seminar, patients and their caregivers (loved ones who will help the patient through recovery) will meet our team of experts, learn more about the joint replacement process and recovery, and have questions answered. Joint University is also designed to help alleviate any apprehension the patient may have about the surgery and healing process.

## Planning for Recovery

Your care team works with you and your caregiver to develop a plan for recovery after discharge. While the plan can always be modified, they will work on getting you safely home and back to your normal activities as quickly as possible. Many patients can go directly home with the services of a visiting nurse and physical therapist beginning the next day. Some patients will need to go to an inpatient rehabilitation center for a short period. Your patient care navigator will remain your advocate and partner throughout this recovery phase to help you obtain the safest, highest-quality care possible.

## Information and Appointments

To find an orthopedic surgeon at Englewood Hospital and Medical Center, call 866-980-EHMC or visit [englewoodhealth.org](http://englewoodhealth.org).

To reach the Joint Replacement Center, call:

**201-608-2394**



Your hospital for life.

350 Engle Street, Englewood, NJ 07631

201-894-3000

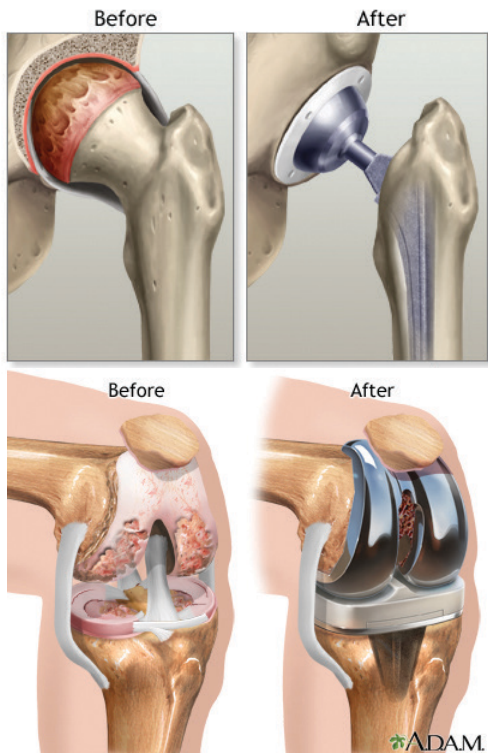
[englewoodhealth.org](http://englewoodhealth.org)

# Hip and Knee Replacement Surgery



**ENGLEWOOD**  
HOSPITAL AND MEDICAL CENTER

Joint Replacement Center



For illustrative purposes only. The actual prosthetic used by your surgeon may vary.

## Our Approach

The Joint Replacement Center of Englewood Hospital and Medical Center is committed to providing the highest-quality care in a compassionate environment – and getting you back to an active life, doing the things you enjoy with friends and family. We take an individualized and team approach with every patient, including using the most appropriate joint replacement technique, offering personalized education for the patient and caregivers, developing a rehabilitation plan of care to meet a patient’s lifestyle needs, and integrating pain management and complementary healing techniques to optimize a patient’s comfort and recovery.

## Our Team

From the moment you schedule surgery through the rehabilitation phase, the Joint Replacement Center team will be with you every step of the way. Our team includes:

### Orthopedic Surgeons and Physician Assistants

At the core of our comprehensive Joint Replacement Center are board-certified orthopedic surgeons. Our surgeons offer advanced surgical techniques for chronic and debilitating pain in the hip or knee. Your surgeon works closely with a physician assistant, an advanced healthcare professional who will support you and your surgeon before, during, and after surgery. Orthopedic surgery is performed in new, dedicated state-of-the-art operating rooms, with enhanced imaging tools, digital technology, and other features to support surgeons in providing the highest-quality care.

### Patient Care Navigator

Our patient care navigator will coordinate your care from the time your surgery is booked and will help you throughout the entire process. The navigator will ensure you have completed pre-admission testing and necessary medical evaluations prior to surgery and can discuss your discharge plans to make sure you are fully prepared for the recovery process. After surgery, the patient care navigator will continue to monitor your care and assess your progress in achieving your goals to resume activities and improved quality of life.

### Nurses

Englewood Hospital and Medical Center’s nursing team has been recognized by the Magnet Recognition Program® for excellence in nursing since 2002. Our Joint Replacement Center team includes orthopedic-certified nurses. Our nurses support joint replacement patients in their recovery by providing the patient with an ongoing

assessment of their overall health status in order to achieve optimal recovery from joint replacement surgery. Nurses perform a variety of duties while caring for patients and educating them about what to expect during recovery. During the entire hospital stay, nurses work diligently at giving the patients and their families the confidence needed to continue their journey to an improved quality of life after their joint replacement surgery.

### Nurse Practitioners

Nurse practitioners are advanced healthcare professionals who work in collaboration with the surgeon, medical doctors, nursing staff, physical and occupational therapists, care coordinators, and others involved in care before and after surgery. The nurse practitioner helps ensure a smooth journey, addressing issues that arise in the hospital and keeping open lines of communication after discharge. Our Joint University seminar is led by an orthopedic nurse practitioner.

### Anesthesiology Providers

Our anesthesiology department provides comprehensive care and works hand-in-hand with your medical and surgical team to ensure safety as well as a smooth and pleasant experience. This includes working closely with your primary care physician to thoroughly evaluate your health before your joint replacement surgery and make sure you are medically optimized for the surgery. This optimization includes identifying and treating anemia (low blood count) to reduce or avoid unnecessary blood transfusion. This has been shown to improve outcomes after surgery, and our anesthesiology team members are recognized as pioneers and leaders in the management of perioperative anemia as well as bloodless medicine and surgery. During surgery and while in recovery, you will be under the care of a board-certified anesthesiologist.

### Physical and Occupational Therapists

Our rehabilitation program helps patients maximize their mobility and physical abilities. Rehabilitation planning begins prior to surgery, and therapy starts immediately after surgery at the bedside. Our rehabilitation department works with patients to develop a rehabilitation plan after leaving the hospital. This may include outpatient therapy at Englewood Hospital and Medical Center or referrals to our trusted community-based rehabilitation facilities and home care agencies.

### Pain Management Team

A coordinated team approach to joint replacement surgery leads to more rapid recovery as well as improved pain control and patient satisfaction. Our board-certified pain management physicians and nurse practitioners work hand-in-hand with your surgical, anesthesiology, nursing, and rehabilitation teams to ensure that pain is optimally controlled during recovery. Our multidisciplinary team is trained in the most advanced strategies in pain management, including ultrasound-guided nerve blocks and a balanced regimen of both opioid and non-opioid medications. We also embrace and offer integrative medicine services, through the Graf Center for Integrative Medicine at Englewood Hospital and Medical Center, to help reduce pain and facilitate recovery, including guided imagery, breathing and relaxation techniques, medically supervised acupuncture, and massage therapy.

### Care Coordination Team

Your care coordination team consists of an RN case coordinator and a medical social worker. They will coordinate your discharge plan and arrange for any equipment you will need to function safely at home. They will work with your medical insurance company as needed to coordinate your care.

Cover: After his knee replacement surgery at Englewood Hospital and Medical Center, Keith B. has returned to an active lifestyle that includes skiing.